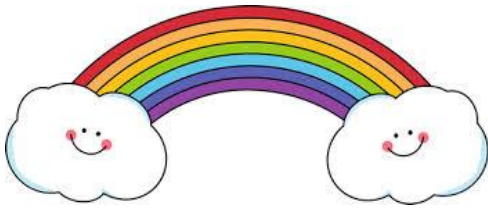


March/April
2016



Kindness

"Be a Rainbow in Someone Else's Cloud"
-Maya Angelou

Key Message

Encourage students to demonstrate kindness at school, home, and in their community. Kindness is the quality of being friendly, generous, and considerate. When students are concerned about the well-being and feelings of others, it creates a kinder school environment. Students will demonstrate kindness by noticing when people are hurt and show that they feel for them, console others in pain, include classmates who are left out, give compliments, listen patiently without interrupting, and encourage others to be kind.

Ways to Develop Character at Home

- Plan family projects to show kindness to others.
- If your child complains about what they do not have, ask them what they do have to be thankful for.
- Encourage your child write thank you notes for gifts they receive. Buy them their own stationary and stamps that reflect their personality.
- Be the first to suggest a random act of kindness when you see the opportunity.
- Participate in food drives and donate clothes and toys to charitable projects.

Suggested Reading:

The Wednesday Surprise by Eve Bunting
Because Amelia Smiled by David Ezra Stein
Each Kindness by Jacqueline Woodson
Lend a Hand-Poems About Giving by John Frank
The Hundred Dresses by Eleanor Estes
Desmond and The Very Mean Word by Archbishop Desmond Tutu and Douglas Carlton Abrams