

November/December  
2015



# Optimism

**“Little by Little One Walks Far”**  
**-South American Proverb**

## **Key Message**

To tell ourselves to never give up, even on the little things. By overcoming small goals we will go far. Also by encouraging others to never give up, even on the little things, that will help them go far. Together, we can be a school that never gives up on each other, on learning, and on the challenges we face.

## **Ways to Develop Character at Home**

- Identify and share songs that have an upbeat tone and a positive, uplifting message.
- Pick a book from the suggestions below and read it with your child. Talk about how they can also be successful by not giving up.
- Talk to you child about one small thing they would like to accomplish. Set realistic goals together to ensure their success in achieving that goal.
- Share with your child a person who encouraged you to keep trying and how encouraging others can help everyone.

## **Suggested Reading:**

*Luke Goes to Bat* by Rachel Isadora  
*One of Those Days* by Amy Krouse Rosenthal  
*A Boy Called Slow* by Joseph Bruchac  
*The Little Engine That Could* by Watty Piper  
*Ish* by Peter Reynolds  
*The Most Magnificent Thing* by Ashley Spires  
*The Boy Who Harnessed the Wind* by William Kamkwamba